

FOR IMMEDIATE RELEASE

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**Local Surgeon One of the First in Area to Achieve Certificate of Additional Qualification
in Orthopaedic Sports Medicine**

ROCKFORD, IL February 26, 2009 ... **Jon Whitehurst, MD**, of Rockford Orthopedic Associates, Ltd. passed examination and has qualified for a Certificate of Additional Qualification (CAQ) in Orthopedic Sports Medicine.

A CAQ is a rigorous examination that covers the medical and musculoskeletal aspects of sports medicine offered by the American Board of Orthopaedic Surgery (ABOS). The ABOS establishes the standards for education and serves as the certifying board for orthopedic surgeons in the United States. The ABOS has only offered this subspecialization for sports medicine for two years and orthopedic surgeons must have completed a 12-24 month post-residency sports medicine fellowship to qualify to take the exam. The fellowship allows the doctor to gain more experience in surgical techniques for a variety of sports injuries.

Dr. Whitehurst's practice at Rockford Orthopedic Associates is focused on arthroscopic surgery of the shoulder, knee, and ankle, and treatment of sports- or activity-related injuries. He serves as the lead team physician to the Rockford IceHogs and other local sports teams at the high school, college and professional levels. He is actively involved in continuing medical education as Clinical Assistant Professor at the University of Illinois College of Medicine.

Dr. Whitehurst was commissioned as an officer in the United States Navy where he was selected to attend TOPGUN, the Navy Fighting Weapons School, and served during Operation Desert Storm. Following an Honorable Discharge, he resumed studies and received his medical degree from the Pritzker School of Medicine. After his residency training, he completed a fellowship in arthroscopic surgery and sports medicine at the Southern California Orthopaedic Institute.

Rockford Orthopedic Associates, Ltd. serves the Northern Illinois region in multi-specialty orthopedics and offers a full range of orthopedic care including the specialties of podiatry, physical medicine and rehabilitation, and rheumatology. Rockford Orthopedic offers the ancillary services of physical therapy, MRI, workers compensation and an out patient surgery center. #