



## Key Steps to Schedule Surgery

Kelly Holtkamp, M.D.

### Step 1: Schedule the surgery date

Date: \_\_\_\_\_

- The surgery scheduler will contact you to schedule the surgery date.
- If you do not receive a phone call within 2-3 days from your last visit, please call (779) 220-5011.
- Dr. Holtkamp's surgery days are on Tuesday and Friday. Typically she is at the Algonquin Road Surgery Center (Lake in the Hills) on Tuesdays and Centegra Hospital-Woodstock on Fridays. Confirm with the surgery scheduler for the correct location.
- If the surgery is scheduled greater than 3 months from the last office visit, you will require a pre-surgical appointment with Dr. Holtkamp to discuss the surgery.

### Step 2: Pre-surgical clearance appointment

Date: \_\_\_\_\_

- Contact your primary care physician to schedule the pre-surgical clearance appointment.
- The pre-surgical clearance is valid for 30 days. Please schedule this appointment within 30 days prior to the surgery date.
- The surgery scheduler will fax the request form to your primary care physician.

### Step 3: Schedule your post-operative visit

Date: \_\_\_\_\_

- Schedule your post-operative visit 10-14 days after the surgery date. The surgery scheduler will make this appointment for you.

### Step 4: Schedule your therapy appointment

Date: \_\_\_\_\_

- Call (815) 444-8037 to schedule therapy. Appointment dates and times are limited, so call as soon as possible to schedule your therapy. The first therapy visit usually begins 10-14 days after surgery.
- No occupational/physical therapy needs to be scheduled at this time. Dr. Holtkamp will discuss when to initiate therapy with you at your post-operative visit.