

Pin Care Instructions

Kelly Holtkamp, M.D.

Pin Care Instructions after suture removal

- It is OK to shower, but do NOT soak your hand/arm in water (i.e. bath, cleaning dishes)
- Clean pin site with mild soap and water.
- Dry gently with a towel.
- Do NOT apply ointments (i.e. Neosporin or bacitracin) or lotions to the pin site.
- Do NOT clean pin site with hydrogen peroxide or betadine/iodine.
- During the healing process, the body will form a barrier at the base of the pin. This barrier will prevent pin site infection. It is important that you do not disrupt this barrier. Applying ointments and lotions can break down the barrier.

Contact Dr. Holtkamp's Office at 815 455-0800 if:

- You suspect the pin site is infected such as increase pain, swelling, drainage, redness, warmth around the pin site.
- If the pin is loose, do NOT push the pin back into the skin. Just leave the pin alone. Contact the office to notify Dr. Holtkamp.