



Key Steps to Schedule Surgery

Kelly Holtkamp, M.D.

Step 1: Schedule the surgery date

Date: _____

- The surgery scheduler will contact you to schedule the surgery date.
- If you do not receive a phone call within 2-3 days from your last visit, please call (779) 220-5011.
- Dr. Holtkamp's surgery days are on Tuesday and Friday. Typically she is at the Algonquin Road Surgery Center (Lake in the Hills) on Tuesdays and Fridays. Confirm with the surgery scheduler for the correct location.
- If the surgery is scheduled greater than 3 months from the last office visit, you will require a pre-surgical appointment with Dr. Holtkamp to discuss the surgery.

Step 2: Pre-surgical clearance appointment

Date: _____

- Contact your primary care physician to schedule the pre-surgical clearance appointment.
- The pre-surgical clearance is valid for 30 days. Please schedule this appointment within 30 days prior to the surgery date.
- The surgery scheduler will fax the request form to your primary care physician.

Step 3: Schedule your post-operative visit

Date: _____

- Schedule your post-operative visit 10-14 days after the surgery date. The surgery scheduler will make this appointment for you.

Step 4: Schedule your therapy appointment

Date: _____

- Call (815) 444-8037 to schedule therapy. Appointment dates and times are limited, so call as soon as possible to schedule your therapy. The first therapy visit usually begins 10-14 days after surgery.
- No occupational/physical therapy needs to be scheduled at this time. Dr. Holtkamp will discuss when to initiate therapy with you at your post-operative visit.