

Post-Operative Medications

You may not be prescribed all of the medications listed below. Please contact the office with any questions regarding your post-operative medications.

- **Norco 5/325mg, 7.5/325mg or 5/325mg (Hydrocodone & Acetaminophen)** is a short acting pain medication. You may take 1-2 tablets every 4-6 hours as needed for pain. This medication may be stopped when your pain has subsided and you may switch to Tylenol for pain. These tablets may be broken in half if the fill tablet is not needed.
- **Percocet 10/325mg or 5/325mg (Oxycodone & Acetaminophen)** is a short acting narcotic pain medication. You may take 1-2 tablets every 4-6 hours as needed for pain. This medication may be stopped when your pain has subsided and you may switch to Tylenol for pain. These tablets may be broken in half if the fill tablet is not needed.
- **Celebrex 200mg** is an anti-inflammatory medication to help reduce pain and swelling after surgery. You may take 1 capsule twice a day for the first 6-8 weeks after surgery.
- **Mobic (Meloxicam) 7.5mg or 15mg** is an anti-inflammatory medication to help reduce pain and swelling after surgery. You may take one tablet, once a day for the first 6-8 weeks after surgery.
- **Lyrica (Pregabalin) 50mg** is a nerve pain medication. This is used to help reduce nerve pain and tingling sensations in your legs after surgery. You may take 1 capsule, 3 times a day for the first 6-8 weeks after surgery.
- **Neurontin (Gabapentin) 100mg** is a nerve pain medication. This is used to help reduce nerve pain and tingling sensations in your legs after surgery. You may take 1 capsule, 3 times a day for the first 6-8 weeks after surgery.

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- **Aspirin 325mg** is a blood thinning medication or anti-coagulant. Aspirin is used to thin your blood after surgery to help reduce your risk of developing a blood clot or deep vein thrombosis (DVT). You may take 1 tablet, 2 times a day for 28 days after surgery.
 - **Lovenox (Enoxaparin) 40mg** is a blood thinning medication or anti-coagulant. Aspirin is used to thin your blood after surgery to help reduce your risk of developing a blood clot or deep vein thrombosis (DVT). You will inject 40mg of Lovenox, once daily. The nursing staff at the hospital can teach you the proper technique.
 - **Coumadin (Warfarin) 2.5mg** is a blood thinning medication or anti-coagulant. Aspirin is used to thin your blood after surgery to help reduce your risk of developing a blood clot or deep vein thrombosis (DVT). When you are taking Coumadin, you will be required to have regular blood drawn to check your PT/INR levels. Coumadin doses almost always need adjustments in the beginning of treatment so please be prepared for dosing changes.
 - **Zofran 4mg** is an anti-nausea medication. Sometimes after surgery the anesthetic or the pain medication can make patients nauseous. You may take 1 tablet every 6-8 hours as needed for nausea.
 - **Prilosec (Omeprazole) 20mg** is an acid reducer/stomach protector. Taking so many medications post-operatively can cause stomach upset or even ulcers. Prilosec helps protect the stomach when taken post-operatively. You may buy this over the counter or it can be prescribed. You may take 1 capsule, once a day in the morning. Try to take this medication 45 minutes before eating or taking any other medication.
 - **Miralax 17grams** is a laxative for constipation. Taking pain medication can cause constipation when the narcotics are used for an extended period of time. Miralax is an over the counter laxative and may be purchased at your local drug store. Mix 17g (a cupful that is provided on the bottle) in an 8oz glass of water or juice. Drink once or twice a day depending on your constipation and your last bowel movement.

Please contact the office at 815-398-9491 with any questions regarding your post-operative medications.