

Pre-Operative Surgical Instructions

Dear Patient,

During the course of your treatment here at OrthoIllinois, you have elected to schedule a surgical procedure. This form has information regarding your surgery and it is very important that you read it through carefully. Please call us with any questions or concerns.

Scheduling your surgery:

- The surgery scheduler, Julia, will contact you once your insurance has been verified. Please allow up to 7-10 business days for the scheduler to contact you. If you have not been contacted within 7-10 business days, please call our office at 779-220-5023.
- If your surgery is a worker's compensation claim, we will contact you once our Work Comp Department has verified that your surgery has been approved. We may not begin the surgery scheduling process until the work comp insurance has notified us of the approval. Questions regarding worker's compensation should be directed to the Work Comp department at 815-398-9491.

Precertification:

- As a courtesy, OrthoIllinois will pre-certify your surgical procedure with your insurance company if required. However, please contact your insurance company 48 hours prior to your surgery to verify they have all of the required information. Ultimately, the patient is responsible for payment if the insurance denies your payment.

History and Physical/Medial Clearance:

- Our surgery scheduler will notify you if a history and physical is required prior to your surgery.
- You may also require clearance from a specialist such as cardiology or pulmonology if you have any associated conditions.

Pre-anesthesia Testing:

- If your surgery is being scheduled at a hospital, you may need to have testing done prior to the date of surgery. These tests are generally done at the same facility that your surgery will be performed at. If you have any questions regarding the testing, please contact the facility.
 - Centegra Hospital Huntley: 224-654-0000
 - Advocate Sherman Hospital: 847-742-9800
 - Algonquin Road Surgery Center: 847-458-1246

Medications the week prior to surgery:

- It is very important that the patient stops medications that thin or anti-coagulate the blood. These are medications such as Vitamin E, Ibuprofen, Naproxen, and all other anti-inflammatory medications which can affect blood clotting. Please stop these medications 7 days prior to surgery. Please contact the prescribing physician for instructions
- Medication such as Aspirin, Coumadin, Plavix, Trental, etc. must be stopped prior to surgery unless you have been directed otherwise..
- Stop all, over the counter herbs, including teas and fish oil.

Night before Surgery:

- Nothing to eat or during after midnight the night before surgery unless otherwise specified. Medication may be taken with a sip of water the morning of surgery. Diabetic medications requires special dosing with should be provided by your primary care physician.

Pain Medications:

- Pain medicine prescription refills after surgery will ONLY be filled Monday-Friday, 8 am-3 pm.
- No prescription will be issued on weekends or after 3 pm on weekdays.
- If you are in need of pain medication refills over a weekend, you will need to be evaluated in an emergency room for a written prescription to be issued.
- Please call in advance to request medication refill. It may take 24-72 hours to prepare the refill.

If you have any questions, please contact Dr. Brissey's Clinical Lead, Lucinda B, at 815-398-9491