

Pre-Operative Surgical Instructions

Dear Patient,

Thank you for choosing Orthollinois for your surgical care. This form has information regarding your surgery and it is very important that you read it through carefully. Please call us with any questions or concerns.

Scheduling your surgery:

- Our surgery scheduler, Michele, will contact you once your insurance has been verified. Please allow up to 7-10 business days for the scheduler to contact you. If you have not been contacted within 7-10 business days, please call our office at 779-774-1242
- If your surgery is a worker's compensation claim, we will contact you once our Work Comp Department has verified that your surgery has been approved. We may not begin the surgery scheduling process until the work comp insurance has notified us of the approval. Questions regarding worker's compensation should be directed to the Work Comp department at 815-398-9491.

Precertification:

- As a courtesy, Orthollinois will pre-certify your surgical procedure with your insurance company if required. However, please contact your insurance company 48 hours prior to your surgery to verify they have all of the required information. Ultimately, the patient is responsible for payment if the insurance denies your payment.

History and Physical/Medial Clearance:

- You will need to have your primary care physician perform a pre-operative history and physical exam, blood work and possibly an EKG (per anesthesiologist requirements).
- You may also require clearance from a specialist such as cardiology, pulmonology, or hematologist if you have any associated conditions.
- The history and physical appointment must be within 30 days of the planned procedure.

Pre-anesthesia Testing:

- If your surgery is being scheduled at a hospital, you may need to have testing done prior to the date of surgery. These tests are generally done at the same facility that your surgery will be performed at. If you have any questions regarding the testing, please contact the facility.
 - OSF St. Anthony Hospital: 815-395-5444
 - Mercy Health Rockford 815-971-5005
 - Swedish American Hospital: 815-489-4924

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- Advocate Sherman Hospital: 847-742-9800
 - St. Alexius Medical Center: 847-843-2000
 - Northwest Community Hospital: 845-618-7258
 - Please call NCH at 847-618-7244 the day before surgery between 2-7pm to find out your arrival time for day of surgery.

Medications:

- It is very important that all patient stop medications that thin or anti-coagulate the blood. These are medications such as Vitamin E, Ibuprofen (Advil, Motrin), Naproxen (Aleve), Nabumetone (Relafen), Mobic (Meloxicam), Celebrex (Celecoxib), Voltaren (Diclofenac) and all other anti-inflammatory medications which can affect blood clotting. Please stop these medications 7 days prior to surgery.
- Medication such as Aspirin, Aspirin containing medications (Excedrin, Alka Seltzer), Coumadin, Plavix (clopidogrel), Trental, Xarelto (Rivaroxaban), Pradaxa (Dabigatran), Eliquis (apixaban) etc. must be stopped 7 days prior to surgery. However, special arrangements may be required. We recommend that you consult your primary care physician for specific instructions on stopping such medication prior to surgery.
- Stop all vitamins and herbal supplements, including teas and fish oil 7 days prior to surgery.

Night before Surgery:

- Nothing to eat or drink (including gum) after midnight before surgery unless otherwise specified. Medication may be taken with a sip of water the morning of surgery. Diabetic medications requires special dosing with should be provided by your primary care physician.

Surgical site:

- If you have insect bites, rashes or acne on the operative site, your surgery may be canceled due to increased risk of infection. This is at the surgeon's discretion the morning of your procedure.

Pain Medications:

- Pain medicine prescription refills after surgery will ONLY be filled Monday-Friday, 8 am-3 pm. No prescription will be issued on weekends or after 3 pm on weekdays.
- Please call in advance to request medication refill. Due to availability of your physician, it may take up to 48 hours to prepare the refill.

Jessica W.
Clinical Lead for Dr. Richard Broderick
815-847-7037

Michele M.
Surgery Scheduler for Dr. Richard Broderick
779-774-1242