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Orthollinois Surgeon Coauthors Article on Rotator Cuff Repair Research

Rockford, Ill. (Dec. 16, 2019) – Dr. Scott Trenhaile with Orthollinois, a leading bone and joint health care provider in northern Illinois, recently coauthored a research article in The Journal of Arthroscopic and Related Surgery involving hardware used for rotator cuff repairs.

In the study, 40 patients undergoing arthroscopic rotator cuff surgery received either a screw-type or coil-type suture anchor during the repair procedures. Post-operative CT scans were performed after six months, and range of motion, strength, and other patient-reported outcomes were measured.

Results showed that both types of anchors can reliably be used for rotator cuff repair with similar clinical outcomes.

The article is titled, ["Bony Ingrowth of Coil-Type Open Architecture Anchors Compared with Screw-Type PEEK Anchors for the Medial Row in Rotator Cuff: A Randomized Controlled Trial."](#)

Dr. Trenhaile's practice at Orthollinois focuses on arthroscopic surgery of the shoulder, elbow, and knee, and treatment of sports- or activity-related injuries. He serves as team physician to many local sports teams at the high school, college, and professional levels, and as Clinical Assistant Professor at the University of Illinois College of Medicine and Assistant Professor, Rush Medical College, Rush University in Chicago. Dr. Trenhaile is a frequent speaker and instructor at orthopedic conferences throughout the world and has hosted dozens of international surgeons in Rockford seeking instruction on his advanced arthroscopic surgical techniques. He has been honored with the prestigious peer designation "Best Doctors" over multiple years.

About Orthollinois

Established in 1967, Orthollinois serves the northern Illinois region in multi-specialty orthopedics from offices in Rockford, Elgin and Algonquin, and offers a full range of bone and joint care, including the specialties of neurosurgery, podiatry, physical medicine and rehabilitation, occupational health, and rheumatology. Orthollinois offers the ancillary services of physical therapy, MRI and custom orthotics, and an outpatient surgery center. Visits are available with no appointments at the two Injury Express urgent care locations in Rockford and Algonquin. Visit www.orthollinois.com for more information.

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