



## Key Steps to Schedule Surgery

Kelly Holtkamp, M.D.

### Step 1: Schedule the surgery date

Date: \_\_\_\_\_

- The surgery scheduler will contact you to schedule the surgery date. If you do not receive a phone call within 2-3 days from your last visit, please call (815) 444-8072.
- Dr. Holtkamp's surgery days are Tuesdays and Fridays at the Algonquin Road Surgery Center (Lake in the Hills). The time of the surgery will not be finalized until the day before the surgery.
- If the surgery is scheduled greater than 3 months from the last office visit, you will require a pre-surgical appointment with Dr. Holtkamp.

### Step 2: Pre-surgical clearance appointment

Date: \_\_\_\_\_

- Contact your primary care physician to schedule the pre-surgical clearance appointment
  - The pre-surgical clearance is valid for 30 days. Please schedule this appointment within 30 days prior to the surgery date.
  - The surgery scheduler will fax the request form to your primary care physician.
  - You will need pre-surgical clearance from your primary care physician or cardiologist before stopping prescribed medications (i.e. Blood thinners)

### Step 3: Schedule your post-operative appointment

Date: \_\_\_\_\_

- The surgery scheduler will make this appointment for you.
  - 3-5 days after surgery
  - 10-14 days after surgery

### Step 4: Schedule your therapy appointment

Date: \_\_\_\_\_

Occupational therapy is very important to ensure a positive result following surgery, especially if a splint is required during the post-operative recovery. It is your responsibility to schedule therapy.

- Call (815) 444-8037 (OrthoIllinois) to schedule therapy.
  - Appointment dates and times are limited, so call as soon as possible to schedule your therapy once you receive your surgery date and post op appointment.
    - Begin 3-5 days after surgery
    - Begin 10-14 days after surgery
- Your insurance may require you to do therapy at another facility. Please contact your insurance company to verify coverage. \_\_\_\_\_
- No occupational/physical therapy needs to be scheduled at this time. Dr. Holtkamp will discuss if/when to initiate therapy with you at your post-operative visit.