

# **Post-Operative Medications**

You may not be prescribed all of the medications listed below. Please contact the office with any questions regarding your post-operative medications.

# Pain Control

- Acetaminophen (Tylenol)
  - Take 1000mg three times a day (every 8 hours) for pain control. This is your first option for pain control.
- Oxycodone
  - Take 5mg as prescribed. This is prescribed for extreme pain.
- Norco (hydrocodone and acetaminophen)
  - Take 5/325, 7.5/325, or 10/325mg as prescribed. This is for extreme pain and may be prescribed in place of oxycodone. This medication contains acetaminophen. Do NOT take more than 4,000mg of acetaminophen in a 24 hour period.
- Tramadol
  - Take 50mg as prescribed. This medication may be additive or take the place of other pain medications but may not be necessary.

#### Celebrex (celecoxib)

- Take 100mg or 200mg twice a day as prescribed. This medication should be taken with food. You may not receive this medication if you have a history of gastrointestinal bleeding or kidney dysfunction.
- If prescribed this medication, you will take it for two weeks after you finish your toradol prescription. You will NOT take it at the same time as toradol.
- Naproxen
  - Take 250 or 500mg twice a day as prescribed. This medication may be given in place of Celebrex. It should be taken with food. You may not receive this medication if you have a history of gastrointestinal bleeding or kidney dysfunction.
  - If prescribed this medication, you will take it for two weeks after you finish your toradol prescription. You will NOT take it at the same time as toradol.
- Toradol
  - Take 10mg four times a day as prescribed. You will take this medication for 4 days. You may not receive this medication if you have a history of gastrointestinal bleeding or kidney dysfunction.
  - You will not begin taking celebrex or naproxen until you have finished this medication.

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## **Blood Clot Prevention**

- Aspirin
  - Take 81mg twice a day as prescribed. You will take this medication to help prevent blood clots. You will take this medication for 6 weeks following surgery.
- Eliquis (apixaban)
  - Take 2.5mg or 5mg twice a day as prescribed. This medication may take the place of aspirin. We will advise you on how long to take this medication.
- Your anticoagulation plan may include different medications or dosages from listed above. If so, you will be instructed by Dr. Oyer.

### Nausea and Vomiting

- Dexamethasone
  - Take 2mg the day after surgery. Take 1mg two days after surgery. You will take this medication for a total of two days. This medication is to help with your nausea after surgery.
- Zofran (ondansetron)
  - Take 4mg as prescribed. This medication will help with your nausea and/or vomiting after surgery.

## **Constipation**

- Senna-S
  - Take two pills, 8.6-50mg, twice a day as prescribed. This will help prevent constipation. You will only need to take this medication if you are taking narcotics for pain control (oxycodone, Norco, tramadol, etc.).