Michael Roh, MD



The Spine Center at Ortholllinois 2902 McFarland Road, #300 Rockford, Illinois 61107

Recovering at Home

You may go home from the hospital the day after surgery. Likely mid-morning or early afternoon once you have worked with PT and OT. If PT/OT recommend any assistive devices for home (walker, raised toilet seat, etc.), the nurse case manager will help arrange for you to receive these items prior to discharge or once you are home from the hospital. You will likely need someone to assist you with care and repositioning for the first few days, up to a week or so, depending on how well you recover after surgery. This will need to be a friend or family member. Your insurance will not pay for this type of care in the home. If you do not have someone that can help you, you can contact an independent health care agency to inquire about services. This will be a private pay service.

Independent Home Health Agencies

Private pay. May provide light housekeeping, cooking, laundry, personal care, companionship, and errands for patients.

Comfort Keepers	815-229-9100
Senior Helpers	815-395-8790
Visiting Angels	815-997-3452
Peak Personnel	815-398-1333
Maxim	815-484-4000