Michael Roh, MD



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Promoting Wound Healing

Below is Dr. Roh's protocol to promote wound healing. You should start this now and continue for two months after surgery.

- Vitamin A, 25,000 IU, daily
- Multivitamin, twice a day
- Protein shake, twice a day

If you have any questions or concerns about these supplements or wound healing, please call your physician's office at 815-398-9491 for further recommendations.