

## MEDICATIONS TO HOLD BEFORE SURGERY

**Please stop taking any of the medications listed below as directed by Dr. Sliva.** This includes aspirin containing medication, blood thinning medications, non-steroidal anti-inflammatory drugs (NSAIDs), osteoporosis medications, and rheumatoid arthritis medications. Please refer to your postoperative instructions (given at your pre op appointment before surgery) when you can resume your medication. If you have any questions or concerns regarding your medication, please contact nurse or medical assistants.

### **Non-steroidal anti-inflammatory drugs (NSAIDs):**

Advil (ibuprofen); Aleve, Anaprox (naproxen); Ansaïd (flurbiprofen); Arthrotec (diclofenac); Caldolor (ibuprofen); Cambia, Cataflam (diclofenac); Celebrex (celecoxib); Clinoril (sulindac); Daypro (oxaprozin); Doan's (magnesium salicylate); Dolobid (diflunisal); Feldene (piroxicam); Flector (diclofenac); Indocin (indomethacin); Lodine (etodolac); Meclomen (meclofenamate); Mobic (meloxicam); Motrin (ibuprofen); Naprosyn (naproxen); NeoProfen (ibuprofen); Ordis (ketoprofen); Pennsaid (diclofenac); Relafen (nabumetone); Treximet (sumatriptan-naproxen); Vicoprofen (hydrocodone-ibuprofen); Voltaren (diclofenac); Zipsor, Zorvolex (diclofenac) – **to be stopped 2 weeks before surgery & resumed as directed by Dr. Sliva**

### **Aspirin or Aspirin containing medications:**

Aggrenox (aspirin/dipyridamole); Alka Seltzer (aspirin-antacid); Anacin (aspirin-caffeine); Bayer (aspirin); Ascriptin (aspirin-antacid); Azulfidine (sulfasalazine); Bufferin (aspirin-antacid); Canasa (mesalamine); Colazal (balsalazide); Dipentum (olsalazine sodium); Ecotrin (aspirin); Excedrin (aspirin-caffeine); Fiorinal (aspirin-caffeine); Halfprin (aspirin); Kaopectate (bismuth subsalicylate); Norgesic (aspirin-caffeine); Pepto-Bismol (bismuth subsalicylate); Percoden (oxycodone-aspirin); Soma compound (aspirin-carisoprodol); Tricosal (choline magnesium) – **to be stopped 7 days before surgery & resumed as directed by Dr. Sliva**

### **Blood thinners:**

Aggrastat (tirofiban); Angiomax (bivalirudin); Argatroban (agratroban); Arixtra (fondaparinux); Brilinta (ticagrelor); Coumadin (warfarin); Effient (prasugrel); Eliquis (apixaban); Fragmin (dalteparin sodium); Heparin; Integrilin (eptifibatide); Iprivask (desirudin); Lovenox (enoxaparin); Persantine (dipyridamole); Plavix (clopidogrel); Pletal (Cilostazol); Pradaxa (dabigatran); ReoPro (abciximab); Savaysa (edoxaban); Ticlid (ticlopidine); Xarelto (rivaroxaban); Zontivity (vorapaxar) – **to be stopped & resumed as directed by Dr. Sliva**

### **Osteoporosis medications:**

Actonel (risedronate); Atelvia (risedronate); Binosto (alendroate); Boniva (ibandronate); Evista (raloxifene); Fosamax (alendronate); Foreto (teriparatide); Prolia (denosumab); Reclast (zoledronic); Xgeva (denosumab) – **to be stopped 1 month before fusion surgery & resumed 3 months after**

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### **Rheumatoid Arthritis medications:**

Arava (leflunomide); Azasan (azathioprine); Azulfidine (sulfasalazine); Imuran (azathioprine); Plaquenil (hydroxychloroquine) – ***to be stopped the day before surgery & resumed 2 weeks***

### ***AFTER surgery***

Cimzia (certolizumab) – ***no injection within 4 weeks of surgery***; Enbrel (etanercept) – ***no injection within 1 week of surgery***; Humira (adalimumab) – ***no injection within 2 weeks of surgery***; Remicade (infliximab) – ***no injection within 6 weeks of surgery***; Xeljanz (tofacitinib) – ***stop 2 weeks before surgery. YOU MAY RESUME THESE MEDICATIONS 1 MONTH AFTER SURGERY***

**Other:** Herbal supplements (including fish oils); Niacin (vitamin B3) – ***to be stopped 2 weeks before surgery and resumed 2 weeks after surgery***